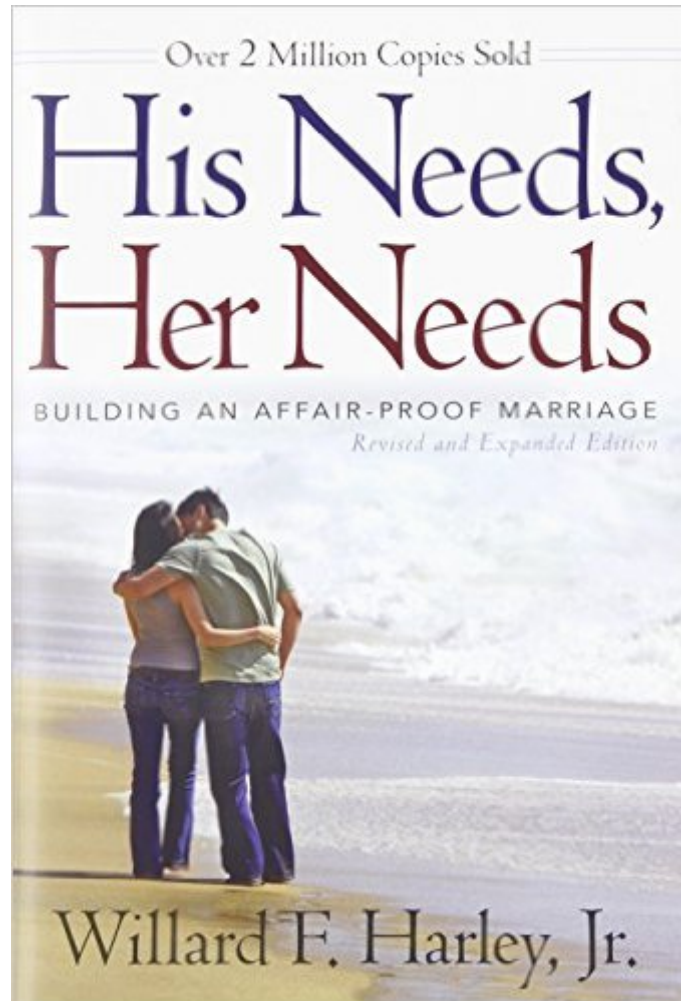


The book was found

His Needs, Her Needs: Building An Affair-Proof Marriage



Synopsis

In the classic bestseller *His Needs, Her Needs*, Willard F. Harley, Jr., identifies the ten most vital needs of men and women and shows husbands and wives how to satisfy those needs in their spouses. He provides guidance for becoming irresistible to your spouse and for loving more creatively and sensitively, thereby eliminating the problems that often lead to extramarital affairs. This revised and expanded edition has been updated throughout and includes new writing that highlights the special significance of intimate emotional needs in marriage.

Book Information

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Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (645 customer reviews)

Best Sellers Rank: #2,350 in Books (See Top 100 in Books) #7 in [Books > Politics & Social Sciences > Sociology > Marriage & Family](#) #28 in [Books > Parenting & Relationships > Marriage & Adult Relationships](#) #79 in [Books > Self-Help > Relationships](#)

Customer Reviews

I read this book about 10 years ago. I remember the first few chapters being amazing because both my husband and I fit exactly with the needs as described. My brother and his wife are going through lots of issues and I decided to see if I could find it here on . I saw it had some one star reviews and twos, and wanted to see what they were given for, because I enjoyed it so much more than that. I will say, I can see a lot of the points given in those one star reviews. It was written in a different time, true. However.....I didn't get from it what a lot of these people did. For one some saw this as stating that a man was the one who would stray and they were sex driven. Half of that is true, sex is one of the mans top 5 needs. But it did NOT make it sound as if only the man would stray. It isn't even stating that there will definitely be affairs. Its a helpful insight to help prevent those thoughts. If you just look at the top 5 needs of the woman, and the top 5 needs of the man and think they fit both you and your spouse, then this book can help if you are having issues or had issues and trying to understand or move past them. You also have to have the 'traditional' sense of family, which you

most likely will if the needs fit with your needs. His needs:..... Her needs: 1. Sexual fulfillment..... 1. Affection 2. Recreational companionship..... 2. Conversation 3. An attractive spouse..... 3. Honesty and openness 4. Domestic support..... 4. Financial support 5. Admiration..... 5. Family commitment So even reading this list you can see its based on the very basic roles of man and woman.

His Needs Her Needs is a book that was recommended to me by a pastor. I did not know what to expect from the book but found a lot of the content helpful. The entire premise is that you need to safeguard your marriage from an affair. Harley argues that the best way to do this is for each spouse to meet the five essential needs of their partner. He also accurately points out the the top five needs of men are quite different from the top five needs of women. From the conflict my wife and I have had in the past I agree that the needs of husbands and wives are different and I would also agree with Harley's assessment of what the top five needs of women are. I'm not so sure his top five needs of men thesis is air tight. Much of what he has to say is also based on his self-created premise of the idea of "Love Bank." He says that the reason people love each other is because throughout the course of dating and knowing each other they begin to meet some of each others needs, therefore making "deposits" into each others love bank. We then carry around a balance of love points for each other than are our main source in determining how we feel about our partner (or anyone else for that matter). I think there are things to learn from this theory but I do not believe it is as foundational or all-explaining as the author assumes. He makes the claim that even in long periods of absence our love banks for the most part remain at the balance they were when we were last with the other person. I don't think such is always the case. The book's outline rotates between the needs of men and the needs of women with each chapter rotating between the two partners and addressing a specific need.

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